

Performance of penalized maximum likelihood in estimation of genetic covariances matrices

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1 Introduction

Estimation of genetic parameters, i.e. the partitioning of phenotypic variation between individuals into (co)variances due to genetic effects and other sources, is one of the basic tasks in quantitative genetics. Increasingly, recording schemes in livestock improvement programmes are becoming more sophisticated and detailed, along with a trend for breeding objectives to involve more and more components. This results in a continual growth in the number of traits of interest, and, in turn, necessitates increasingly complex, multivariate analyses considering more than just a few traits simultaneously.

Advances in modelling, improvements of computational algorithms and of the corresponding software for estimation, paired with the capabilities of modern day computer hardware available have brought us to a point where large-scale analyses comprising numerous traits and records on tens of thousands of animals are within the realms of reality. For example, Tyrisevä et al. (2011) recently demonstrated that simultaneous estimation of the complete genetic covariance matrix required by Interbull, the international evaluation service for dairy bulls, for its multiple-trait across country evaluation is feasible, presenting multivariate analyses involving 25 traits with more than 100 000 sires and up to 325 parameters to be estimated. However, comparatively little attention has been paid to the problems associated with sampling variation that are inherent in multivariate analyses, and which increase dramatically with the number of traits and the number of parameters to be estimated.

It has long been known that the eigenvalues of estimated covariance matrices are overdispersed, i.e. that the largest sample eigenvalues are systematically biased upwards and the smallest values are biased downwards while their mean is expected to be unbiased (Lawley, 1956). Moreover, a large proportion of the sampling variances of estimates of individual

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24 covariances can be attributed to this excess variation (Ledoit and Wolf, 2004). The effects of
25 this phenomenon are the more pronounced the narrower the ratio of the matrix dimension
26 to the number of observations and the more similar the population eigenvalues are. Hill
27 and Thompson (1978) showed in an early simulation study how this affected estimates of
28 genetic covariance matrices and that it resulted in high probabilities of obtaining non-positive
29 definite estimates.

30 While modern, maximum likelihood (ML) based methods of estimation make efficient use
31 of all the data and readily allow estimates of covariance matrices to be constrained to
32 the parameter space (Harville, 1977), the problems of sampling variation remain. Even
33 multivariate analyses based on relatively large data sets are thus likely to yield imprecise
34 estimates, the more so the more traits are considered. At the other end of the spectrum, we
35 have numerous scenarios where the numbers of records are invariably limited. This includes
36 data for new traits of interest or traits which are difficult or expensive to measure but which
37 may have substantial impact on selection decisions in livestock improvement programmes.
38 A typical example for such data are carcass characteristics of meat producing animals,
39 which are never recorded directly for parents of the next generation. Similarly, evolutionary
40 biologist concerned with quantitative genetics of natural populations are usually restricted
41 to rather small samples.

42 Hence, any avenue to 'improve' estimates, i.e. to obtain estimates which are on average
43 closer to the population values, is of considerable interest and should be given serious
44 consideration. To begin with, we have accumulated a substantial body of knowledge about
45 genetic parameters for various traits. However, typically this is completely ignored. While
46 the Bayesian paradigm directly provides the means to incorporate such prior information,
47 analyses concerned with the estimation of covariance components more often than not
48 assume flat or uninformative priors (Thompson et al., 2005). Clearly, there is considerable
49 scope for using this information more advantageously, especially for small samples arising
50 in evolutionary studies of natural or laboratory populations (Kirkpatrick et al., 2011).

51 Secondly, multivariate covariance matrices can often be modelled parsimoniously by impos-
52 ing some structure. This decreases sampling variation by reducing the number of parameters
53 to be estimated. Common examples are factor-analytic and reduced rank models or treating
54 covariance matrices as 'separable', i.e. as the direct product of two or more smaller matrices;
55 see Meyer (2009) for a detailed review. Finally, statistical techniques are available – often
56 referred to as regularization methods – which substantially reduce sampling variance, albeit

57 at the expense of introducing some bias, and thus yield ‘better’ estimates. Interest in reg-
58 ularized estimation for multivariate analyses and the trade-off between sampling variance
59 and bias dates back to the Seventies and earlier, stimulated in particular by the work of Stein
60 (e.g. James and Stein, 1961; Stein, 1975). Recently, there has been a resurgence in attention
61 for applications involving estimation in very high-dimensional settings, in particular for
62 genomic data (e.g. Huang et al., 2006; Warton, 2008; Yap et al., 2009; Witten and Tibshirani,
63 2009).

64 In spite of well established literature on regularized estimation of covariance matrices, there
65 has been comparatively little interest in this approach in the context of estimating genetic
66 parameters in quantitative genetics. An early proposal, due to Hayes and Hill (1981), has
67 been to shrink the canonical eigenvalues in a one-way analysis of variance towards their mean
68 and thus to reduce sampling variation. This yielded an estimate of the genetic covariance
69 matrix which was a weighted combination of the standard (i.e. not regularized) estimate
70 and the phenotypic covariance matrix multiplied by the mean eigenvalue. The authors thus
71 described their method as ‘bending’ the genetic towards the phenotypic covariance matrix.
72 Hayes and Hill (1981) presented a simulation study demonstrating that ‘bending’ could
73 substantially increase the achieved response to selection based on an index derived using
74 the modified estimates. However, other than in forcing covariance matrices obtained by
75 pooling estimates from multiple sources to be positive definite, their method has found little
76 application, as there were no clear guidelines on how to choose the amount of shrinkage to
77 be applied.

78 Recently, Meyer and Kirkpatrick (2010) proposed to employ penalized restricted maximum
79 likelihood (REML) to obtain ‘better’ estimates of genetic covariance matrices, and showed
80 that imposing a penalty proportional to the variance among the canonical eigenvalues acted
81 analogously to ‘bending’. They demonstrated by simulation that this resulted in estimates
82 of genetic parameters from multivariate analyses which had greatly reduced sampling and
83 mean square errors, and, moreover, that this held not only for the paternal half-sib de-
84 sign considered by Hayes and Hill (1981), but equally for animal model analyses with a
85 complicated pedigree structure and many different types of covariances between relatives.

86 This paper extends the approach of Meyer and Kirkpatrick (2010) to different types of penal-
87 ties and, in an extensive simulation study, examines the performance of various strategies
88 to determine the amount of penalization to be applied. To begin with, we briefly review
89 the underlying statistical principles and outline a penalized maximum likelihood estimation

scheme, presenting a number of suitable choices of penalties. This is followed by a simulation study to compare the efficacy of different types of penalty and schemes to estimate the tuning factor required, considering different numbers of traits and sample sizes. The paper concludes with a discussion and recommendations for practical applications.

2 Penalized maximum likelihood estimation

2.1 Improved estimation

The quality of a statistical estimator is generally quantified by some measure of the difference between the estimator and the true value, or *loss*. A widely used quantity is the mean square error. This is a quadratic loss, comprised of the sampling variance and the square of the bias in the estimator. We talk about improving an estimator when we are able to modify it in some way so that, on average, it is closer to the true value, i.e. has reduced loss. Usually this involves a trade-off between a reduction in sampling variance and additional bias.

For covariance matrices, commonly employed measures of divergence are the entropy (L_1) and quadratic (L_2) loss (James and Stein, 1961):

$$L_1(\Sigma, \hat{\Sigma}) = \text{tr}(\Sigma^{-1}\hat{\Sigma}) - \log|\Sigma^{-1}\hat{\Sigma}| - q \quad \text{and} \quad L_2(\Sigma, \hat{\Sigma}) = \text{tr}(\Sigma^{-1}\hat{\Sigma} - \mathbf{I})^2 \quad (1)$$

where Σ and $\hat{\Sigma}$ denote a covariance matrix of size $q \times q$ and its estimator, respectively, and q represents the number of traits.

A reduction in loss can often be achieved by regularizing estimators. In broad terms, *regularization* describes a scenario where estimation for somewhat ill-posed or overparameterized problems is improved through use of some form of additional information. Frequently the latter involves a penalty for the deviation from a desired outcome. For example, in modelling curves using splines a ‘roughness penalty’ is employed to place preference on simple, smooth functions (Green, 1998). Well known forms of regularization are ridge regression (Hoerl and Kennard, 1970) and the LASSO (Least absolute shrinkage and selection operator; Tibshirani, 1996, 2011). Whilst these methods were originally developed to encourage shrinkage of regression coefficients, corresponding applications for the estimation of high-dimensional covariance matrices have been described; see Meyer and Kirkpatrick (2010) for a review and references.

2.2 Penalizing the likelihood

Consider a simple ‘animal model’ for q traits, $\mathbf{y} = \mathbf{X}\mathbf{b} + \mathbf{Z}\mathbf{g} + \mathbf{e}$ with \mathbf{y} , \mathbf{b} , \mathbf{g} and \mathbf{e} the vectors of observations, fixed effects, additive genetic and residual effects, respectively, and \mathbf{X} and \mathbf{Z} the corresponding incidence matrices. Let Σ_G and Σ_E denote the matrices of additive genetic and residual covariances among the q traits. This gives a vector of parameters to be estimated, $\boldsymbol{\theta}$, of length $q(q + 1)$ comprising the distinct elements of Σ_G and Σ_E . Further, let $\text{Var}(\mathbf{g}) = \Sigma_G \otimes \mathbf{A} = \mathbf{G}$, where \mathbf{A} is the numerator relationship matrix between individuals. Let \mathbf{R}_k denote the sub-matrix of Σ_E corresponding to the traits recorded for the k -th individual. This gives $\text{Var}(\mathbf{e}) = \sum_k^+ \mathbf{R}_k = \mathbf{R}$, where ‘ \sum^+ ’ is the direct matrix sum. The phenotypic covariance matrix of the vector of observations is then $\text{Var}(\mathbf{y}) = \mathbf{Z}\mathbf{G}\mathbf{Z}' + \mathbf{R} = \mathbf{V}$, and the pertaining REML log likelihood is, apart from a constant,

$$\log \mathcal{L}(\boldsymbol{\theta}) = -\frac{1}{2} \left(\log |\mathbf{V}| + \log |\mathbf{X}'_0 \mathbf{V}^{-1} \mathbf{X}_0| + (\mathbf{y} - \mathbf{X}\mathbf{b})' \mathbf{V}^{-1} (\mathbf{y} - \mathbf{X}\mathbf{b}) \right) \quad (2)$$

for \mathbf{X}_0 a full-rank submatrix of \mathbf{X} (e.g. Harville, 1977). Regularized estimates can be obtained by maximizing the *penalized* likelihood

$$\log \mathcal{L}_P(\boldsymbol{\theta}) = \log \mathcal{L}(\boldsymbol{\theta}) - \frac{1}{2} \psi \mathcal{P}(\boldsymbol{\theta}) \quad (3)$$

where the penalty $\mathcal{P}(\boldsymbol{\theta})$ is a selected function of the parameters, aimed at reducing loss in their estimates, and ψ is a tuning factor which specifies the relative emphasis to be given to the penalty compared to the usual, unpenalized estimator. For $\psi = 0$, this simplifies to the standard, unpenalized likelihood. Here, the factor of $\frac{1}{2}$ in (Eq. 3) is for algebraic consistency and could be omitted.

A general way to select a penalty is to specify a prior distribution for the parameters to be estimated for a suitable choice of parameterisation. The penalty can then be obtained as minus the logarithmic value of the density of the prior. Hence, penalizing the likelihood provides a direct link to Bayesian estimation, with the tuning factor performing an analogous rôle to the degree of belief attached to the prior. Meng (2008) described penalized estimation as a way of “enjoying the Bayesian fruits without paying the B-club fee”.

2.2.1 Penalties on eigenvalues

Recognition of the systematic upwards bias in the largest and downwards bias in the smallest eigenvalues of estimated covariance matrices early on has led to the development of various

improved estimators which modify the eigenvalues in some fashion whilst retaining the corresponding eigenvectors. As the mean eigenvalue is expected to be unbiased, a specific proposal has been to regress all eigenvalues towards their mean in order to reduce their excessive spread. This is equivalent to assuming eigenvalues have a prior that is a Normal distribution.

As outlined above, Hayes and Hill (1981) proposed to apply this type of shrinkage to the canonical eigenvalues (λ_i), i.e. the eigenvalues of $\Sigma_P^{-1}\Sigma_G$, with $\Sigma_P = \Sigma_G + \Sigma_E$ the phenotypic covariance matrix. The equivalent to bending in a (RE)ML framework can be obtained by placing a penalty proportional to the variance among the estimated canonical eigenvalues on the likelihood (Meyer and Kirkpatrick, 2010):

$$\mathcal{P}_\lambda \propto \text{tr}(\mathbf{\Lambda} - \bar{\lambda}\mathbf{I})^2 \quad \text{with} \quad \bar{\lambda} = \text{tr}(\mathbf{\Lambda})/q \quad (4)$$

for $\mathbf{\Lambda} = \text{Diag}\{\hat{\lambda}_i\}$. The canonical decomposition gives $\Sigma_G = \mathbf{T}\mathbf{\Lambda}\mathbf{T}'$ and the residual covariance matrix, $\Sigma_E = \mathbf{T}(\mathbf{I} - \mathbf{\Lambda})\mathbf{T}'$, with \mathbf{I} an identity matrix and \mathbf{T} the matrix of eigenvectors of $\Sigma_P^{-1}\Sigma_G$ scaled by a matrix square root of Σ_P . Hence, \mathcal{P}_λ can be thought of as penalizing both Σ_G and Σ_E at the same time.

A related penalty, \mathcal{P}_λ^ℓ , is obtained by penalizing the eigenvalues on the logarithmic scale, i.e. defining $\mathbf{\Lambda} = \text{Diag}\{\log(\hat{\lambda}_i)\}$. This is analogous to the log eigenvalue posterior mean shrinkage estimator considered by Daniels and Kass (2001) for a single matrix. Placing a quadratic penalty on $(1 - \lambda_i)$ is equivalent to penalizing λ_i , but this does not hold on the log scale. Hence a third penalty is

$$\mathcal{P}_\lambda^{\ell 2} \propto \text{tr}(\mathbf{\Lambda}_1 - \bar{\lambda}_1\mathbf{I})^2 + \text{tr}(\mathbf{\Lambda}_2 - \bar{\lambda}_2\mathbf{I})^2 \quad (5)$$

for $\mathbf{\Lambda}_1 = \text{Diag}\{\log(\hat{\lambda}_i)\}$ and $\mathbf{\Lambda}_2 = \text{Diag}\{\log(1 - \hat{\lambda}_i)\}$, with $\bar{\lambda}_i = \text{tr}(\mathbf{\Lambda}_i)/q$.

For Σ_G positive semi-definite, the canonical eigenvalues lie in the interval $[0, 1]$. Hence a natural alternative to a Normal prior is the Beta distribution, which is defined on this domain and is thus frequently used as prior for binomial proportions in a Bayesian setting. It has two shape parameters, $\alpha > 0$ and $\beta > 0$, and probability density function

$$p(x) = \frac{\Gamma(\alpha + \beta)}{\Gamma(\alpha)\Gamma(\beta)} x^{\alpha-1} (1-x)^{\beta-1} \quad (6)$$

with $\Gamma(\cdot)$ denoting the Gamma function, and mean $\alpha/(\alpha + \beta)$. Hence, for $\alpha = \beta$ the function $p(x)$ is symmetric with mean at 0.5. For $\alpha > 1$ and $\beta > 1$ it is uni-modal with probability mass increasingly concentrated at the mean as α and β increase. Figure 1 (a) illustrates this

171 for $\alpha = \beta = 2, \dots, 5$. A restricted domain $[x_1, x_2]$ (with x_1 and x_2 the lower and upper limits
 172 for x) can be taken into account by expanding $p(x)$ to a four parameter function, replacing
 173 $x^{\alpha-1}$ and $(1-x)^{\beta-1}$ in (Eq. 6) with $(x-x_1)^{\alpha-1}$ and $(x_2-x)^{\beta-1}$, respectively, and scaling by
 174 $(x_2-x_1)^{-(\alpha+\beta-1)}$ (Evans et al., 2000). Alternatively, this can be achieved by replacing x in
 175 (Eq. 6) with $x^* = (x-x_1)/(x_2-x_1)$.

176 The distribution of estimates of the canonical eigenvalues clearly depends on the population
 177 parameters and may well not cover the whole interval $[0, 1]$. As we expect standard estimates
 178 of eigenvalues to be over-dispersed, a suitable, if somewhat inflated, estimate of the range
 179 may be given by the estimates of the extreme values from an unpenalized analysis, i.e. for
 180 $\psi = 0$, denoted henceforth by a superscript of 0. Assuming eigenvalues are numbered
 181 in descending order of magnitude, this gives $\hat{\lambda}_1^0$ and $\hat{\lambda}_q^0$ for the upper and lower bound,
 182 respectively. To utilise the standard form of the Beta distribution, as given in (Eq. 6), we then
 183 base the penalty on scaled values $\lambda_i^* = (\hat{\lambda}_i - \hat{\lambda}_q^0)/(\hat{\lambda}_1^0 - \hat{\lambda}_q^0)$. For chosen values α and β , this
 184 gives penalty

$$\mathcal{P}_\beta^a \propto (\alpha - 1) \log(\lambda_i^*) + (\beta - 1) \log(1 - \lambda_i^*) \quad (7)$$

185 A suitable choice might be $\alpha = \beta = 2, 3, \dots$ which implies a symmetric distribution for λ_i^*
 186 with probability mass somewhat more spread out than a Normal distribution (*c.f.* Figure 1,
 187 (a))

188 Alternatively, we may try to obtain estimates of the scale parameters from the unpenalized
 189 estimates of the canonical eigenvalues. Using that the mean and variance of the standard
 190 Beta distribution are $\alpha/(\alpha + \beta)$ and $\alpha\beta(\alpha + \beta)^{-2}(\alpha + \beta + 1)^{-1}$, respectively, gives method of
 191 moment estimators $\tilde{\alpha} = \bar{\lambda}\nu$ and $\tilde{\beta} = (1 - \bar{\lambda})\nu$, with $\nu = q\bar{\lambda}(1 - \bar{\lambda})/\sum_{i=1}^q(\hat{\lambda}_i^0 - \bar{\lambda})^2 - 1$ (Evans
 192 et al., 2000) and $\bar{\lambda}$ the mean of the $\hat{\lambda}_i^0$. This may result in estimates of α and β with are
 193 less than unity, implying probability distributions that are U- or J-shaped with a high mass
 194 at the extremes. To counteract effects of over-dispersion of the $\hat{\lambda}_i^0$ and ensure a uni-modal
 195 Beta distribution, we thus choose to augment these values by a constant z , $\hat{\alpha} = \tilde{\alpha} + z$ and
 196 $\hat{\beta} = \tilde{\beta} + z$. Figure 1 (b) demonstrates the effect that a scale parameter less than unity has
 197 on the probability distribution and how adding a constant of $z=1$ yields a prior with more
 198 appropriate shape. This gives penalty

$$\mathcal{P}_\beta^b \propto (\hat{\alpha} - 1) \log(\lambda_i) + (\hat{\beta} - 1) \log(1 - \lambda_i) \quad (8)$$

199 As above, we can combine estimates of the scale parameter with scaling to account for a
 200 range smaller than $[0, 1]$ by replacing λ_i in (Eq. 8) with λ_i^* , yielding penalty \mathcal{P}_β^c .

Penalties considered so far implied that estimated eigenvalues were samples from a distribution with common mean $\bar{\lambda}$. However, while quadratic penalties on eigenvalues or eigenvalues transformed to logarithmic scale have been found to be highly effective when the corresponding population values were similar, they have been reported to result in substantial over-shrinkage when the latter were spread apart (Daniels and Kass, 2001; Ledoit and Wolf, 2004; Meyer and Kirkpatrick, 2010). Hence, if population eigenvalues are markedly different, it may be advantageous to shrink towards individual targets. Ordering values sampled from a statistical distribution according to size introduces a specific distribution. The i -th order statistic of a q -variate sample is the i -th smallest value. Assuming a uniform distribution, the order statistics on the unit interval have marginal Beta distributions with scale parameters $z + i$ and $z + q - i + 1$ for $z = 0$. Treating the scaled estimates of canonical eigenvalues as independent order statistics results in a penalty

$$\mathcal{P}_\beta^d \propto \sum_{i=1}^q (z + i - 1) \log(\lambda_i^*) + (z + q - i) \log(1 - \lambda_i^*) \quad \text{for } c = 0 \quad (9)$$

Again we have allowed for a modifying constant z in (Eq. 9). For the distribution of order statistics this is $z=0$. Figure 1 (c) shows the corresponding probability density functions for $q = 5$ variables. As illustrated this results in rather different distributions for different variables. A value of $z > 0$ causes individual distributions to be ‘squashed’ together, i.e. allows for a compromise between the assumption of a common mean for the λ_i^* and that of an even distribution over the unit interval. Figure 1 (d) demonstrates the effect of using $z=1$.

2.2.2 Penalties on matrix divergence

Motivated by the historical emphasis on the rôle of sample eigenvalues of covariance matrices, we have concentrated on penalties on these characteristics so far. A simple alternative is to consider a covariance matrix as a whole and its prior distribution, or to penalize the deviation from a specific target.

A standard assumption in Bayesian estimation of covariance matrices is that of an Inverse Wishart prior distribution, as, for observations with a multivariate Normal distribution, this is a conjugate prior. It has probability density function $p(\Sigma|\Omega, \nu) \propto |\Sigma|^{\frac{1}{2}(\nu+q+1)} \exp\left[-\frac{1}{2} \text{tr}(\Sigma^{-1}\Omega)\right]$ (e.g Sorensen and Gianola, 2002), with Ω denoting the scale parameter and ν the degree of belief we assign to the prior. Omitting terms not depending on Σ or Ω and taking logarithms gives $(\nu + q + 1) \log |\Sigma| + \nu \text{tr}(\hat{\Sigma}^{-1}\Omega)$.

Corresponding to the penalties ‘borrowing strength’ from the phenotypic covariance matrix

231 considered above, a penalty which regularizes $\hat{\Sigma}_G$ by shrinking it towards Σ_P can be obtained
 232 by substituting the latter for the scale matrix Ω . Adopting an empirical Bayes approach, as
 233 suggested by Meyer et al. (2011), we replace Σ_P with its estimate from a standard, unpenalized
 234 (RE)ML analysis, $\hat{\Sigma}_P^0$. Further, replacing ν with the tuning factor ψ , gives a penalty

$$\mathcal{P}_\Sigma \propto C \log |\hat{\Sigma}_G| + \text{tr}(\hat{\Sigma}_G^{-1} \hat{\Sigma}_P^0) \quad (10)$$

235 with $C = (\psi + q + 1)/\psi$. If C is approximated with unity, \mathcal{P}_Σ is proportional to the Kullback-
 236 Leibler divergence between $\hat{\Sigma}_G$ and $\hat{\Sigma}_P^0$, which is the entropy loss $L_1(\cdot)$ (Eq. 1) with Σ and
 237 $\hat{\Sigma}$ exchanged (Levina et al., 2008). The relationship between \mathcal{P}_Σ and \mathcal{P}_λ can be seen by
 238 rewriting (Eq. 11) in terms of the canonical decomposition which gives $\mathcal{P}_\Sigma \propto C(\log |\hat{\Lambda}| +$
 239 $\log |\hat{\mathbf{T}}\hat{\mathbf{T}}'|) + \text{tr}(\hat{\Lambda}^{-1} \hat{\mathbf{T}}^{-1} \hat{\Sigma}_P^0 \hat{\mathbf{T}}^{-T})$. Assuming that $\hat{\Sigma}_P^0 \approx \hat{\mathbf{T}}\hat{\mathbf{T}}'$, i.e. that the estimate of transformation
 240 and phenotypic covariance matrix are largely unaffected by penalised estimation, gives
 241 $\mathcal{P}_\Sigma \propto C \log |\hat{\Lambda}| + \text{tr}(\hat{\Lambda}^{-1}) \propto \sum_i^q C \log(\hat{\lambda}_i) + \hat{\lambda}_i^{-1}$. This shows that \mathcal{P}_Σ implies a substantial
 242 penalty on the smallest canonical eigenvalues. Analogous to penalty $\mathcal{P}_\lambda^{\ell^2}$, we may also
 243 consider to penalize both Σ_G and Σ_E using

$$\mathcal{P}_\Sigma^2 \propto C \log |\hat{\Sigma}_G| + \text{tr}(\hat{\Sigma}_G^{-1} \hat{\Sigma}_P^0) + C \log |\hat{\Sigma}_E| + \text{tr}(\hat{\Sigma}_E^{-1} \hat{\Sigma}_P^0) \quad (11)$$

244 Based on empirical evidence that estimates of genetic (r_G) and phenotypic (r_P) correlations
 245 are often similar, Cheverud (1988) proposed to substitute r_P for r_G if the data did not
 246 support accurate estimation of r_G . Adopting this suggestion, Meyer and Kirkpatrick (2009)
 247 demonstrated that estimating Σ_G and Σ_E or Σ_P by assuming a joint correlation structure
 248 resulted in highly parsimonious models and a dramatic reduction in mean square errors
 249 when the underlying assumptions were approximately true. Conversely, estimates could be
 250 substantially biased if they were not. A more flexible alternative is to penalize the divergence
 251 between estimates of the genetic (\mathbf{R}_G) and phenotypic correlation (\mathbf{R}_P) matrix, i.e. to shrink
 252 $\hat{\mathbf{R}}_G$ towards $\hat{\mathbf{R}}_P^0$. Analogous to (Eq. 11), this can be achieved using a penalty

$$\mathcal{P}_\rho \propto C \log |\hat{\mathbf{R}}_G| + \text{tr}(\hat{\mathbf{R}}_G^{-1} \hat{\mathbf{R}}_P^0) \quad (12)$$

253 or

$$\mathcal{P}_\rho^2 \propto C \log |\hat{\mathbf{R}}_G| + \text{tr}(\hat{\mathbf{R}}_G^{-1} \hat{\mathbf{R}}_P^0) + C \log |\hat{\mathbf{R}}_E| + \text{tr}(\hat{\mathbf{R}}_E^{-1} \hat{\mathbf{R}}_P^0) \quad (13)$$

254 More generally, this type of penalty can be used to shrink an estimated covariance matrix
 255 towards any chosen structure. This allows for a data-driven compromise between the

256 assumed structure and an unstructured matrix. For instance, Chen (1979) presented an
257 empirical Bayesian approach to estimate a covariance matrix shrinking towards a prior
258 assumed to have a factor-analytic or compound symmetric structure. More recently, Schäfer
259 and Strimmer (2005) considered shrinkage towards a number of target matrices with diagonal
260 structure or constant correlations. Within our penalized (RE)ML framework this can be
261 achieved by substituting the structured matrix for the scale matrix Ω in (Eq. 11). This may be
262 a suitable matrix chosen *a priori* or, in an empirical vein, an unpenalized estimate obtained
263 from the data, imposing the structure selected.

264 3 Simulation study

265 3.1 Simulation set-up

266 Data for a simple paternal half-sib design comprising s unrelated sires with $n=10$ progeny
267 each were simulated by sampling from appropriate multivariate normal distributions for
268 $q=5$ and $q=9$ traits. Sample sizes considered were $s=50, 100, 150, 200, 300, 400, 600$ and 1000 .
269 A total of 90 sets of population parameters, 60 for $q=5$ and 30 for $q=9$ traits were considered.
270 Population parameters for $q=5$ were obtained by combining 12 sets of heritabilities (A to
271 L) with 5 scenarios for genetic (r_G) and residual (r_E) correlations and phenotypic variances,
272 labelled I to \mathcal{V} . This resulted in 60 combinations, labelled A- I to L- \mathcal{V} in the following.
273 Similarly, 10 sets of heritabilities (M to V) for $q=9$ traits were combined with correlation
274 scenarios I , $\mathcal{V}I$ and $\mathcal{V}II$ to yield combinations M- I to V- $\mathcal{V}II$. Details for heritabilities and
275 correlation scenarios are summarized in Table 1 and Table 2, respectively. Heritabilities were
276 chosen to decline with trait number and represent a range of cases, from equal values for all
277 traits to sets of values which not only spanned almost the entire interval from zero to unity
278 but also were very unevenly distributed. Combined with correlation scenarios ranging from
279 zero throughout to genetic correlations of 0.8, this yielded coefficients of variation among
280 the corresponding canonical eigenvalues ranging from 0 to 175% (see Table 1). A total of
281 1000 samples per case and sample size were obtained.

3.2 Analyses

REML estimates of Σ_G and Σ_E for each sample were obtained for different penalties and tuning factors using a Method of Scoring algorithm to locate the maximum of $\log \mathcal{L}(\theta)$ or $\log \mathcal{L}_P(\theta)$, followed by simple derivative-free search steps to ensure that convergence had been reached. This was done using a parameterisation to the elements of the canonical decomposition, λ_i and $t_{ij} \in \mathbf{T}$, as described by Meyer and Kirkpatrick (2010), restraining estimates of λ_i to the interval of $[0.0001, 0.9999]$.

A total of 12 penalties were examined. These comprised 8 penalties on the canonical eigenvalues, \mathcal{P}_λ , \mathcal{P}_λ^ℓ , $\mathcal{P}_\lambda^{\ell^2}$, \mathcal{P}_β^a for $\alpha=\beta=2$, \mathcal{P}_β^b , \mathcal{P}_β^c , \mathcal{P}_β^d for $z=0$ and \mathcal{P}_β^e which is \mathcal{P}_β^d for $z = 1$, and 4 penalties on matrices \mathcal{P}_Σ , \mathcal{P}_Σ^2 , \mathcal{P}_ρ and \mathcal{P}_ρ^2 , as described above (see Section 2.2). All these employed a single tuning factor. In addition, the effect of applying a different tuning factor to the parts of penalties $\mathcal{P}_\lambda^{\ell^2}$, \mathcal{P}_Σ^2 and \mathcal{P}_ρ^2 corresponding to genetic and residual components were investigated.

3.3 Estimating the tuning factor

To determine the tuning factor ($\hat{\psi}$) for each analysis, estimates of Σ_G and Σ_E , denoted as $\hat{\Sigma}_G^\psi$ and $\hat{\Sigma}_E^\psi$, were obtained for a range of possible values for ψ . A total of 311 values were used, comprising 0 to 2 in steps of 0.1, 2.2 to 5 in steps of 0.2, 5.5 to 10 in steps of 0.5, 11 to 100 in steps of 1, 102 to 250 in steps of 2, 255 to 500 in steps of 5 and 510 to 1000 in steps of 10. The ‘best’ value was then chosen using three different approaches.

First, for comparison with previous work, knowledge of the population parameters was utilised. Strategy $L_1(\Sigma_G)$ simply involved calculating the entropy loss in the estimate of Σ_G for each tuning factor, selecting the value of ψ for which the loss in $\hat{\Sigma}_G^\psi$ was minimized as best. In contrast, strategies V_∞ and V_1 considered the effect of penalization on both covariance matrices: For each ψ and estimates $\hat{\Sigma}_G^\psi$ and $\hat{\Sigma}_E^\psi$ the corresponding *unpenalized* log likelihood was calculated as

$$\log \mathcal{L}(\theta)^\psi = -\frac{1}{2} \left[(s-1) \left(\log |\Sigma_B| + \text{tr}(\Sigma_B^{-1} \mathbf{M}_B) \right) + s(n-1) \left(\log |\Sigma_W| + \text{tr}(\Sigma_W^{-1} \mathbf{M}_W) \right) \right] \quad (14)$$

with $\Sigma_W = \hat{\Sigma}_E^\psi + \frac{3}{4} \hat{\Sigma}_G^\psi$ and $\Sigma_B = \Sigma_W + \frac{1}{4} n \hat{\Sigma}_G^\psi$. This requires validation ‘data’, i.e. matrices of mean squares and cross-products between (\mathbf{M}_B) and within (\mathbf{M}_W) sires. For strategy V_1 these were obtained by sampling one additional data set from the same distribution as the data for the analysis were sampled from. For strategy V_∞ , \mathbf{M}_B and \mathbf{M}_W were constructed

311 from the population parameters. This can be thought of as equivalent to sampling an infinite
 312 number of additional data sets for the same data structure, hence the notation V_∞ . For both
 313 strategies, the value of ψ which maximised $\log \mathcal{L}(\boldsymbol{\theta})^\psi$ was then chosen as $\hat{\psi}$.

314 Secondly, K -fold cross-validation was used to estimate ψ using only the data available. This
 315 is a widely used strategy applicable to a range of problems; see, for instance, Hastie et al.
 316 (2001, Chapter 7). In brief, cross-validation involves splitting the data into so-called ‘training’
 317 and ‘validation’ sets. Analyses are then carried out for a range of values for the quantity
 318 to be determined (e.g. ψ) using the training data and a corresponding criterion to assess
 319 the quality of the estimates (e.g. residual sums of squares) is obtained using the validation
 320 data. For K -fold cross-validation the data is split into K subsets of approximately equal size.
 321 K analyses are then carried out for each value of ψ , with the i -th subset treated in turn as
 322 the validation set and the remaining $K - 1$ subsets forming the training set, and the tuning
 323 parameter is chosen based on the criterion averaged across the K validation sets.

324 Here, data were split into K folds of approximately equal size by sequentially assigning
 325 complete sire families to subsets. For $i=1, K$, the i -th subset was set aside for validation. The
 326 remaining $K-1$ subsets together were used to obtain estimates $\hat{\boldsymbol{\Sigma}}_G^\psi$ and $\hat{\boldsymbol{\Sigma}}_E^\psi$ for all values of
 327 ψ considered. Corresponding values for the unpenalized likelihood, $\log \mathcal{L}(\boldsymbol{\theta})_i^\psi$ (Eq. 14), in
 328 the validation data were then obtained and accumulated across folds. Finally, $\hat{\psi}$ was chosen
 329 as the value for which the average likelihood, $\sum_{i=1}^K \log \mathcal{L}(\boldsymbol{\theta})_i^\psi / K$, was maximized. Values of
 330 $K=2, 3, 5$ and 10 were considered, with the corresponding strategies denoted as CV2, CV3,
 331 CV5 and CV10 in the following.

332 The third approach used simply involved choosing $\hat{\psi}$ as the largest value of ψ for which
 333 the reduction in the unpenalized likelihood due to penalization from the maximum at $\psi=0$,
 334 $|\log \mathcal{L}(\boldsymbol{\theta})^\psi - \log \mathcal{L}(\boldsymbol{\theta})^0|$, did not exceed a selected value. Limits were chosen as the χ_γ^2 values
 335 ($\times \frac{1}{2}$) which would be employed in a likelihood ratio test of a single parameter with error
 336 probability γ , 0.82 for $\gamma=0.2$, 1.36 for $\gamma=0.1$, 1.92 for $\gamma=0.05$ and 2.51 for $\gamma=0.025$, referred to
 337 as strategies L20%, L10%, L5% and L2.5% subsequently.

3.4 Summary statistics

As suggested by Lin and Perlman (1985), the effect of penalized estimation was evaluated as the percentage reduction in average loss (PRIAL) due to penalization,

$$100 \left[\bar{L}_1(\boldsymbol{\Sigma}_X, \hat{\boldsymbol{\Sigma}}_X^0) - \bar{L}_1(\boldsymbol{\Sigma}_X, \hat{\boldsymbol{\Sigma}}_X^{\hat{\psi}}) \right] / \bar{L}_1(\boldsymbol{\Sigma}_X, \hat{\boldsymbol{\Sigma}}_X^0)$$

with $\hat{\boldsymbol{\Sigma}}_X^0$ the standard, unpenalized REML estimate of $\boldsymbol{\Sigma}_X$ and $\hat{\boldsymbol{\Sigma}}_X^{\hat{\psi}}$ the penalized estimate, for $X = G, E$ and P and $\bar{L}_1(\cdot)$ the entropy loss (see (Eq. 1)), averaged over replicates.

In addition, the absolute and relative bias (in %) for parameter θ_i were calculated as $|\hat{\theta}_i - \theta_i|$ and $100(\hat{\theta}_i - \theta_i)/\theta_i$, respectively.

4 Results

4.1 Comparing penalties

Mean PRIAL values across all cases for individual covariance matrices and all penalties considered are summarized in Table 3 for a sample size of $s=100$. Using known population values (strategy V_∞), reductions in average loss in estimates of $\boldsymbol{\Sigma}_G$ achieved were substantial, ranging from about 60% to more than 72%. Somewhat lower levels overall for $q=9$ than $q=5$ traits were, in part at least, due to the fact that the cases chosen for 9 traits involved a higher proportion of unfavourable scenarios, i.e. population values with substantially and unevenly spread canonical eigenvalues. The main exception was \mathcal{P}_λ which penalized the untransformed canonical eigenvalues rather than their logarithmic values. For this penalty, PRIALs for estimates of $\boldsymbol{\Sigma}_E$ were substantially higher than for $\boldsymbol{\Sigma}_G$, suggesting that for strategy V_∞ tuning parameter selection was more appropriate for the former.

As found earlier by Meyer and Kirkpatrick (2010), taking logarithms of the canonical eigenvalues (\mathcal{P}_λ^ℓ) greatly improved the efficacy of a penalty proportional to the variance among them. Because canonical eigenvalues are a function of both $\boldsymbol{\Sigma}_G$ and $\boldsymbol{\Sigma}_E$, all penalties on the λ_i yielded marked improvements in estimates of $\boldsymbol{\Sigma}_E$ simultaneous to that for $\boldsymbol{\Sigma}_G$. Considering $\log(1 - \lambda_i)$ in addition to $\log(\lambda_i)$ ($\mathcal{P}_\lambda^{\ell 2}$ and all \mathcal{P}_β) increased PRIALs for $\boldsymbol{\Sigma}_E$ further without affecting estimates of $\boldsymbol{\Sigma}_G$ detrimentally. Among the penalties invoking a Beta distribution for the canonical eigenvalues, those estimating the scale parameters tended to perform best. For $q=5$ traits, applying this to unscaled eigenvalues (\mathcal{P}_β^b ; see (Eq. 8)) yielded higher PRIALs

365 than scaling them in addition (\mathcal{P}_β^c), but corresponding differences for $q=9$ were reversed and
 366 much smaller. A possible explanation is that for the smaller number of traits attempting to
 367 estimate both range and scale parameters exacerbated errors. Considering the quite different
 368 underlying assumptions, the similarity of results for \mathcal{P}_β^d and \mathcal{P}_β^e , i.e. the penalties based on
 369 the distribution of order statistics on the unit interval, and the other penalties assuming a
 370 common distribution of all λ_i was somewhat surprising.

371 Whilst achieving comparable PRIALs, penalizing the difference between genetic and phe-
 372 notypic covariance or correlation matrices acted differently to penalties on canonical eigen-
 373 values. As to be expected, considering Σ_G or \mathbf{R}_G only (\mathcal{P}_Σ and \mathcal{P}_ρ) yielded relatively small
 374 improvements in estimates of Σ_E . Adding a corresponding penalty for the residual matrices
 375 (\mathcal{P}_Σ^2 and \mathcal{P}_ρ^2) increased PRIALs for estimates of Σ_E to levels comparable to those obtained
 376 penalizing canonical eigenvalues, again without reducing mean PRIALs for estimates of Σ_G
 377 notably. For $q=9$ traits, there was an unexpected, substantial difference between penalties
 378 on covariance and correlation matrix and shrinking both genetic and residual correlations
 379 towards their phenotypic counterparts increased the PRIAL for $\hat{\Sigma}_G$ by 2% (\mathcal{P}_ρ^2 vs. \mathcal{P}_ρ). In
 380 contrast, corresponding differences for $q=5$ were considerably smaller. It is not clear how
 381 much this was an effect of the dimension or due to differences in population values.

382 Allowing for different tuning factors for parts of the penalty corresponding to genetic and
 383 residual effects increased the PRIAL for $\hat{\Sigma}_G$ for $q=5$ from 72.9 to 73.7% for $\mathcal{P}_\lambda^{\ell^2}$, from 70.0 to
 384 72.7% for \mathcal{P}_Σ^2 and from 72.2 to 74.3% for \mathcal{P}_ρ^2 , i.e. by less than 3%. Corresponding PRIALs
 385 for $\hat{\Sigma}_E$ were 65.6% ($\mathcal{P}_\lambda^{\ell^2}$), 64.9% (\mathcal{P}_Σ^2) and 62.7%, i.e. increased by more than 10% for \mathcal{P}_Σ^2 .
 386 While non-negligible, the gains for estimates of Σ_G were deemed too small to off-set the
 387 dramatically increased computational requirements arising from the two-dimensional search
 388 for the optimal tuning factors needed, and not given any further consideration.

389 Mean PRIAL values discussed so far conceal a considerable range and variation in the
 390 ranking of penalties for individual cases. This is illustrated in Figure 2, which shows in
 391 PRIAL for $\hat{\Sigma}_G$ for $q=9$ traits with individual cases in declining order of that achieved using
 392 penalty $\mathcal{P}_\lambda^{\ell^2}$. For strategy V_∞ , penalties on canonical eigenvalues assuming a common mean
 393 performed best when populations values for the λ_i were fairly similar, e.g. for R-I and
 394 M-I all population values were equal. For $q=9$ there was little difference in PRIALs for $\hat{\Sigma}_G$
 395 obtained between penalties assuming a Normal distribution on the logarithmic scale (\mathcal{P}_λ^ℓ
 396 and $\mathcal{P}_\lambda^{\ell^2}$) and a Beta distribution with estimated scale parameters (\mathcal{P}_β^b), though a tendency
 397 for \mathcal{P}_β^b to yield slightly higher values for cases where penalized estimation worked least

398 well was evident. Conversely, penalties derived assuming an Inverse Wishart matrix prior
 399 mostly yielded larger PRIALs for the other cases, in particular when penalizing the difference
 400 between genetic and phenotypic correlations. For $q=5$ trait, penalties \mathcal{P}_ρ and \mathcal{P}_ρ^2 performed
 401 best for 35% of the individual cases considered, mainly those for which PRIALs for $\hat{\Sigma}_G$ were
 402 less than average, while \mathcal{P}_λ^ℓ and \mathcal{P}_λ^ℓ yielded the highest values for 37% of cases. For $q=9$ where
 403 population values were predominantly chosen to represent scenarios for which penalties on
 404 the λ_i worked least well, penalty \mathcal{P}_ρ^2 thus yielded the highest PRIAL for 80% of cases.

405 4.2 Estimating tuning factors

406 A crucial part of penalized estimation is the estimation of the appropriate tuning factor to be
 407 used. Mean PRIAL values for $\hat{\Sigma}_G$ for different strategies to determine $\hat{\psi}$ are summarized in
 408 Table 4 for selected penalties, $q=5$ traits and $s=100$ sires, together with the average proportion
 409 of replicates for which penalization increased rather than decreased the entropy loss in $\hat{\Sigma}_G$.
 410 Corresponding PRIAL values for all penalties for strategies V_∞ , CV3 and L5% are given in
 411 Table 3. Clearly, mean values well above 70% when utilizing the population values (V_∞ or
 412 $L_1(\Sigma_G)$) present an overly optimistic view of the efficacy of penalized estimation. Considering
 413 only one additional sample for validation (strategy V1) introduced considerable sampling
 414 error and thus reduced PRIALs achieved by about 10%.

415 Examining regularized estimation of covariance matrix, Rothman et al. (2009) reported that
 416 using strategy V1 yielded similar results to cross-validation. However, in our case, mean
 417 PRIAL values obtained using cross-validation to determine $\hat{\psi}$ were consistently lower, i.e.
 418 suffered from additional noise introduced. Somewhat surprisingly, PRIALs achieved tended
 419 to decrease with the number of folds considered, K . This was accompanied by increasing
 420 variability of results for individual cases. Clearly, there was a trade-off between the sizes of
 421 the training and validation sets. One might expect that using a small training set (low K)
 422 would result in a $\hat{\psi}$ which was somewhat too large as it pertained to the sample size of the
 423 subset. On the other hand, a larger validation set might favour more accurate estimation
 424 of ψ . Similarly, a larger number of replications or folds might off-set potential inability to
 425 ascertain optimal values for ψ due to the limited size of the validation set. However, results
 426 for CV5 and CV10 were consistently worse than for lower values of K .

427 Inspection of the mean tuning factors did reveal a trend for $\hat{\psi}$ to decline with increasing
 428 number of folds. For penalties \mathcal{P}_β^b , \mathcal{P}_Σ and \mathcal{P}_ρ means were substantially higher than those

429 obtained for strategy V_∞ , suggesting that lower PRIALs obtained using cross-validation
 430 were indeed due to over-penalization. For \mathcal{P}_λ^ℓ and $\mathcal{P}_\lambda^{\ell^2}$ results were less consistent: for these
 431 penalties, estimates of ψ for cases with low coefficients of variation in the population canon-
 432 ical eigenvalues from strategy V_∞ were very high. Using cross-validation, corresponding
 433 values tended to be substantially lower, so that overall means from strategies V_∞ and CVK
 434 were similar. Using cross-validation also tended to reduce differences between penalties
 435 somewhat. Interestingly, as shown in Table 3, penalized estimation using penalties derived
 436 from the Beta distribution of order statistics appeared least affected by the noise introduced
 437 when estimating ψ . For strategy CV3 penalties \mathcal{P}_β^d and \mathcal{P}_β^e yielded the highest PRIAL in $\hat{\Sigma}_G$
 438 for 35% of the individual cases ($q=5$ and $s=100$), compared to 2% for strategy V_∞ .

439 Difficulties in deriving the optimal ‘bending’ factor theoretically led Hayes and Hill (1981) to
 440 suggest a choice on the basis of the sample size. An alternative in a likelihood framework of
 441 estimation is to select the tuning factor so that the corresponding reduction in the unpenalized
 442 likelihood does not exceed a given limit. When carrying out a likelihood ratio test for
 443 the difference between estimates from different models, minus twice the difference in log
 444 likelihood is contrasted to a value of the χ^2 distribution corresponding to the number of
 445 parameters tested and an error probability of γ . The smallest number of parameters which
 446 can be tested is $p=1$. Hence, choosing ψ as the largest value for which the resulting change in
 447 $\log \mathcal{L}(\theta)$ (sign ignored) does not exceed $\frac{1}{2}\chi_\gamma^2$ for one degree of freedom will result in a change
 448 in estimates which is not statistically significant. While it may not result in the optimal
 449 amount of regularization, it is appealing as a strategy to select a mild degree of penalization
 450 to exploit at least some of the advantages of penalized estimation without having to justify
 451 significant changes in parameter estimates. In addition, computational requirements to
 452 determine such ψ are considerably less than for cross-validation.

453 As shown in Table 3 and Table 4 employing such strategy yielded substantially improved
 454 estimates of Σ_G , with PRIALs achieved consistently higher than for cross-validation. For a
 455 sample size of $s = 100$, an error probability of 5% or 10% appeared most appropriate. Mean
 456 estimates of ψ were markedly and consistently lower than for strategy V_∞ , indicating that
 457 this approach indeed resulted in under-penalization. This held especially for cases with
 458 similar population canonical eigenvalues (E-I, H-I, I-I, M-I and R-I). As illustrated in
 459 Figure 2, choosing ψ in this way also blurred differences between penalties. In a number of
 460 cases, in particular for $q=9$ traits, PRIALs for $\hat{\Sigma}_G$ from strategy L5% were higher than those
 461 from V_∞ , but lower than from $L_1(\Sigma_G)$.

4.3 Effects of sample size

The effect of sample size on the efficacy of regularized estimation is illustrated in Figure 3 for $q=5$. Clearly, penalization was most advantageous for small samples, with mean PRIALs for $\hat{\Sigma}_G$ decreasing substantially as the number of sire families increased. There were marked differences between penalties and strategies to determine ψ , especially in the rate of decline of PRIALs with increasing s . This was least for penalty \mathcal{P}_ρ^2 and, moreover, choosing tuning factors on the basis of the change in $\log \mathcal{L}(\theta)$ performed almost as well if knowledge of the population values could be exploited. In addition, \mathcal{P}_ρ^2 resulted in the highest PRIAL for both $\hat{\Sigma}_G$ and $\hat{\Sigma}_E$ for all sample sizes when using the change in likelihood to decide on the degree of penalization to be applied (strategy Lk%).

As noted above, improvements in $\hat{\Sigma}_G$ when using cross-validation to determine the tuning factor were substantially less than for the other strategies. This difference tended to increase with sample size. Whilst consistently performing worst for strategy V_∞ , penalties derived assuming the distribution of canonical eigenvalues resembled that of order statistics on the unit interval yielded the highest PRIAL in $\hat{\Sigma}_G$ for strategy CV3, with values for \mathcal{P}_β^e almost 2% higher than for \mathcal{P}_β^d for $s=1000$. It is not clear what this comparatively larger robustness against noise in estimates of ψ can be attributed to.

The decline in PRIAL with sample size was clearly a function of the number of traits considered, with reductions for $q=9$ markedly smaller. For instance, for \mathcal{P}_ρ^2 and strategy L5% the average PRIAL in $\hat{\Sigma}_G$ declined from 69.4% for $s=100$ to 64.1% for $s=400$ and 60.2% for $s=1000$. Similarly, respective values for $\mathcal{P}_\lambda^{\ell^2}$ were 67.7%, 64.2% and 54.2%. This suggests that mild penalization is advantageous even for larger samples as the dimensions of the covariance matrices to be estimated increases.

4.4 Bias

As emphasized above, regularized estimation entails a trade-off between sampling variance and bias. Table 5 gives the mean relative bias in estimates of canonical eigenvalues for a sample size of $s=100$ sires and strategy V_∞ . Figure 4 further illustrates the relationship between estimates of λ_i and their true values for selected penalties and strategy V_∞ , with the solid line showing a one-to-one correspondence (unbiased estimates) and the dashed line representing the linear regression of estimates on population values. Patterns obtained when selecting the tuning factor based on the likelihood or using cross-validation were

493 very similar. As indicated by theory, unpenalized estimates of the largest values were biased
 494 upwards and those of the smallest values biased downwards. Whilst the mean was expected
 495 to be estimated unbiasedly, a small upwards bias in $\bar{\lambda}$ – corresponding to a clustering of the
 496 smallest $\hat{\lambda}_i$ at zero – was evident, reflecting the effects of constraints on the parameter space.

497 Estimation placing a penalty on canonical eigenvalues tended to result in over-shrinkage,
 498 resulting in a downward bias of the largest and upward bias of the smallest values. This was
 499 the more pronounced the further the corresponding population values were spread apart.
 500 Similar results for shrinkage of the eigenvalues of a single matrix have been reported by
 501 Daniels and Kass (2001). While the relative bias in the smallest $\hat{\lambda}_i$ was substantial, absolute
 502 changes tended to be small and penalization clustered estimates closer to the one-to-one line.

503 Though PRIALs achieved were, by and large, comparable, penalties on matrix divergence
 504 clearly acted in a different manner to those on canonical eigenvalues. For penalty \mathcal{P}_Σ
 505 upwards bias in $\hat{\lambda}_1$ was of similar magnitude and individual estimates showed the same
 506 pattern of distribution (Figure 4) than for unpenalized estimation, with penalization pre-
 507 dominantly affecting the smallest values. This could be attributed to the fact that this
 508 penalty involved a component approximately proportional to the reciprocal of the $\hat{\lambda}_i$ (see
 509 Section 2.2.2). Shrinking genetic correlations towards their phenotypic counterparts (\mathcal{P}_ρ)
 510 yielded the least relative bias in estimates of the leading canonical eigenvalues. Penalizing
 511 both genetic and environmental components tended to shrink the largest $\hat{\lambda}_i$ more and the
 512 smallest $\hat{\lambda}_i$ less (\mathcal{P}_λ^ℓ vs. $\mathcal{P}_\lambda^{\ell^2}$ and \mathcal{P}_ρ vs. \mathcal{P}_ρ^2). Allowing for separate tuning factors for the
 513 two parts of the respective penalties increased the downwards relative bias in $\hat{\lambda}_1$ somewhat
 514 (to -10.9% for $\mathcal{P}_\lambda^{\ell^2}$ and -5.3 for \mathcal{P}_ρ^2) whilst increasing the corresponding PRIALs, again
 515 illustrating that more improvement in estimates can come at the price of more bias.

516 It has to be stressed though that bias in estimates of eigenvalues does not directly translate
 517 into bias in the corresponding covariance components or genetic parameters derived from
 518 them. As illustrated by various authors (e.g Ledoit and Wolf, 2004), eigenvalues of sample
 519 covariance matrices are systematically over-dispersed and biased, but the sample covariance
 520 matrix is an unbiased estimator. Standard, unpenalized REML estimates are biased, however,
 521 because estimates are constrained to the parameter space. This implies that for scenarios
 522 where no constraints are needed, no bias is notable. Mean estimates of heritabilities for
 523 individual scenarios for $q=9$ traits are shown in Figure 5. Not imposing a penalty, a slight bias
 524 for those with the highest and lowest population values is evident, arising from constrained
 525 estimation. The corresponding plot for a larger sample with $s=1000$ (not shown) exhibited

526 virtually no bias.

527 Penalized estimation, however, yielded biased estimates of heritabilities, with a pattern of
 528 biases and differences between penalties analogous to those observed for the canonical eigen-
 529 values. For instance, for \mathcal{P}_Σ the smallest heritabilities were substantially biased upwards
 530 while estimates for the largest values were similar to those from unpenalized analyses.
 531 Penalties on the canonical eigenvalues resulted in marked underestimates of the highest
 532 heritabilities, with mean differences between estimates and population values for trait 1 of
 533 -0.130 for \mathcal{P}_β^c and -0.113 for $\mathcal{P}_\lambda^{\ell 2}$, whilst corresponding values for \mathcal{P}_Σ and \mathcal{P}_ρ^2 were 0.009 and
 534 -0.054 , respectively. Taking the average of absolute deviations across traits yielded values
 535 of 0.019 for \mathcal{P}_ρ and 0.025 for \mathcal{P}_ρ^2 , compared to 0.013 for unpenalized estimates, whilst mean
 536 absolute differences for the other penalties were about twice as high, ranging from 0.048 to
 537 0.054 . Using a likelihood based strategy (L5%) to determine the tuning factor approximately
 538 halved the bias in the heritability for trait 1 and reduced the mean absolute bias to 0.018
 539 for \mathcal{P}_ρ^2 and 0.023 to 0.027 for the other penalties, except \mathcal{P}_ρ for which this value remained
 540 unchanged. Analogous differences between penalties were found for $q=5$ traits, but using
 541 strategy L5% rather than V_∞ had little effect on the mean absolute bias due to penalization.

542 The effects of penalized estimation on estimates of genetic correlations are illustrated in
 543 Figure 6 for case T- $\mathcal{V}I$ and a sample with $s=100$ sire families. Shown is a box-and-whisker
 544 plot of individual estimates across replicates, with correlations in ascending order of their
 545 population values, depicted by horizontal bars. Not surprisingly for such small sample,
 546 unpenalized estimates were subject to substantial sampling variation, and spread furthest
 547 for pairs of traits with the lowest heritabilities. Again, unpenalized estimates were clearly
 548 biased due to the effects of constraints on the parameter space, with mean deviations from the
 549 population values ranging from -0.504 (8, 9) to 0.035 (3, 8) and a mean, absolute bias across
 550 replicates of 0.064 . Penalization dramatically reduced the spread of estimates, but increased
 551 bias to a range of -0.734 (8, 9) to 0.103 (4, 8), with a mean absolute value of 0.142 . In all
 552 cases, genetic correlations were shrunk towards the corresponding phenotypic correlations
 553 (population values shown as dashed horizontal lines). In spite of the increase in bias,
 554 penalized estimation reduced the PRIAL in the estimate of the genetic correlation matrix by
 555 77.3% . The corresponding value for $\hat{\Sigma}_G$ was less, 58.1% for strategy V_∞ and 60.5% for L5%,
 556 i.e. this was a scenario for which penalization worked somewhat less well (*c.f.* Figure 2).

557 Across all cases simulated, the mean absolute bias in estimates of genetic correlations for
 558 unpenalized estimates for $s=100$ was 0.046 for $q=9$ and 0.033 for $q=5$. Excluding \mathcal{P}_λ , penalized

559 estimation using strategy V_∞ to determine the tuning factor increased this to 0.082 (\mathcal{P}_Σ) to
 560 0.105 (\mathcal{P}_ρ^2) for $q=9$ and 0.085 (\mathcal{P}_Σ) to 0.101 (\mathcal{P}_λ^ℓ) for $q=5$. For strategy L5%, corresponding
 561 values ranged from 0.058 (\mathcal{P}_Σ) to 0.068 (\mathcal{P}_β^a) and 0.099 (\mathcal{P}_Σ) to 0.109 (\mathcal{P}_β^a). Thus penalized
 562 estimation increased the average bias in estimates of genetic correlation by a factor of two to
 563 three. Again, there was a tendency for the bias to be most pronounced for penalties imposed
 564 directly on the canonical eigenvalues.

565 5 Discussion

566 An extension of current, standard methodology to estimate genetic parameters in a mixed
 567 model framework has been outlined that has the scope to yield ‘better’ estimates, especially
 568 for multivariate analyses comprising more than just a few traits. This is achieved by pe-
 569 nalizing the likelihood, with the penalty a function of the parameters aimed at reducing
 570 sampling variation. A number of suitable penalties have been investigated with emphasis
 571 on those ‘borrowing strength’ from estimates of the corresponding phenotypic covariance
 572 or correlation matrices, which are typically estimated much more accurately than their ge-
 573 netic counterparts. All penalties presented have a Bayesian motivation, i.e. can be derived
 574 assuming certain prior distributions for covariance matrices or their eigenvalues. In contrast
 575 to ‘full’ Bayesian analyses, location or scale parameters for the priors are estimated from
 576 the data at hand, i.e. our penalized maximum likelihood procedure can be considered as
 577 analogous to an empirical Bayes approach.

578 Simulation results have been presented demonstrating that substantial reductions in loss, i.e.
 579 the (average) difference between true and estimated covariance matrices, can be achieved.
 580 As expected, this comes at the price of increasing bias, over and above that introduced by
 581 constraining estimates to the parameter space in standard analyses. The magnitude and
 582 direction of the additional bias depend on the population parameters and penalty applied,
 583 but in general penalization caused estimates of the highest heritabilities to be reduced and
 584 those of the smallest heritabilities to be increased while estimates of genetic correlations were
 585 reduced in absolute value. With comparable (or better) reductions in loss to other penalties,
 586 \mathcal{P}_ρ and \mathcal{P}_ρ^2 which shrink the genetic towards the phenotypic correlation matrix appeared to
 587 result in least bias.

588 As described by Meyer and Kirkpatrick (2010), penalized REML estimation for penalties on
 589 canonical eigenvalues is best implemented by reparameterising to the elements of Λ and \mathbf{T}

590 (*c.f.* Section 2.2.1), i.e. the canonical decomposition. In contrast to implementations for stan-
591 dard REML algorithms, which usually parameterize to the elements of the Cholesky factors
592 of the covariance matrices to be estimated, this yields a parameterization in which deriva-
593 tives of all covariance matrices with respect to all parameters are non-zero. Further, initial
594 experience with this parameterization has been that it resulted in slower convergence rates
595 than estimation of covariance matrices or of the corresponding Cholesky factors. Similar
596 results for the parameterization of a single matrix to the elements of its eigen-decomposition
597 have been reported by Pinheiro and Bates (1996). An additional disadvantage is that exten-
598 sion to models with additional random effects and penalties on their covariance matrices is
599 not straightforward. Estimation using the penalties on matrix divergence proposed, how-
600 ever, is readily carried out using standard parameterizations, with calculation of derivatives
601 of the penalty the only modification to existing REML algorithms required. Furthermore,
602 penalties on additional covariance matrices can easily be imposed, provided appropriate
603 tuning factors are available.

604 Cross-validation is a widely used technique to estimate the tuning or shrinkage factor in
605 regularization problems from the data at hand. For our application, however, it was found
606 to be only moderately successful, with errors in estimating ψ limiting PRIALs achieved and
607 increasing the proportion of replicates for which penalization was detrimental. These errors
608 appeared especially important for larger samples, i.e. in small samples any degree of penal-
609 ization is likely to have a substantial effect while over-penalization becomes more harmful
610 as sample size increases. An added problem with cross-validation for data with a genetic
611 family structure is that of representative sampling of data subsets. In our simulation setting,
612 assigning whole sire families to individual folds was a natural choice and yielded higher
613 PRIAL values than a random assignment. In practical data sets with arbitrary relationships
614 and fixed effects, choices are less obvious and while procedures to optimize sampling exist
615 (e.g Tillé, 2006), guidelines to good sampling strategies in a mixed model setting are scarce.
616 Moreover, cross-validation is laborious, increasing the number of analyses required by orders
617 of magnitude. A sequential search for the optimal tuning factor was used in our simulation
618 study. A more efficient strategy would have been to use one of the many structured, one-
619 dimensional optimization methods available, e.g. a quadratic approximation of the average
620 likelihood from the validation sets. However, this relies on the ‘validation’ curves to be
621 smooth, increasing monotonically to a maximum and then decreasing again. This was not
622 always the case in the simulations presented – some jagged curves were encountered, in

623 particular for the smallest sample sizes. Presumably this was due likelihood surfaces which
624 were very flat around the area of the maxima, resulting in inaccurate location of these points.
625 Use of such techniques was thus disregarded here.

626 Fortunately, choice of $\hat{\psi}$ based on the decrease in the unpenalized likelihood from its max-
627 imum at $\psi = 0$ can result in penalized estimates closely related to those which would be
628 obtained if population values were known. As demonstrated, such strategies yielded av-
629 erage reductions in loss for estimates of the genetic covariance matrix substantially higher
630 than those estimating ψ by cross-validation, and values comparable to those achieved using
631 knowledge of the population parameters for some penalties. Choosing the limit so that the
632 change in likelihood was just not statistically significant appeared to be a sensible choice to
633 select a mild degree of penalization. While it did not perform quite as well for individual
634 cases where all population canonical eigenvalue were very similar, this is a constellation
635 which is unlikely to be of practical relevance in quantitative genetic applications.

636 Work so far has considered a balanced scenario, with all traits in a multivariate analysis
637 measured for all individuals. Often, however, we have a substantial discrepancy between
638 the number of observations available for different traits. For instance, we may have a
639 number of traits recorded on a substantial number of individuals whilst records for other,
640 hard to measure traits are available for a small subset only. In that case, it is necessary
641 to penalize parts of the genetic covariance matrix corresponding to such grouping of traits
642 differently. To achieve this, a possible extension of the penalties on the divergence between
643 genetic and phenotypic matrices might involve assuming a Generalized Inverse Wishart
644 prior distribution (e.g. Brown, 2006), similar to the approach taken, for instance, by Cantet
645 (2010) to allow for different degrees of belief. Future work should consider the scope for
646 such differential regularization.

647 Even with today's computational resources, there may be problems where an analysis con-
648 sidering all traits of interest is not feasible, so that elements of the complete covariance matrix
649 have to be obtained through a series of analyses of selected subsets of traits. This yields mul-
650 tiple estimates of variance and some covariance components which need to be pooled whilst
651 ensuring the resulting matrix is positive definite. Typically, this is done by considering one
652 matrix at a time, e.g. genetic or residual, using some method as the iterative summation
653 of expanded part matrices (Mäntysaari, 1999) or treating estimates from individual analy-
654 ses as 'pseudo-data' (Thompson et al., 2005). Alternatively, a strategy comprising simple
655 averaging combined with a regression of the eigenvalues of the resulting matrix towards

656 their mean to ensure the smallest value is greater than zero is frequently employed. The
657 latter is commonly referred to as bending, though it differs from the original suggestion by
658 Hayes and Hill (1981) as it involves a single matrix only. Results from this paper suggest that
659 considering all matrices of interest simultaneously when combining estimates from analyses
660 of subsets, together with some shrinkage towards the phenotypic covariance matrix may be
661 advantageous.

662 **6 Conclusions**

663 Penalized maximum likelihood estimation provides the means to ‘make the most’ of limited
664 and precious data and facilitates more stable estimation for multi-dimensional analyses even
665 when samples are somewhat larger. We anticipate that it will become part of our everyday
666 toolkit as truly multivariate estimation for quantitative genetic problems becomes routine.
667 At the present state of knowledge, a mild penalty on the divergence of the genetic from
668 the phenotypic correlation matrix, chosen on the basis of the change in likelihood from an
669 unpenalized analysis, appears the most suitable option for practical applications.

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Table 1: Population values for heritabilities ($\times 100$) for individual cases together with the coefficient of variation (in %) amongst canonical eigenvalues for different correlation scenarios**(a) 5 traits**

	A	B	C	D	E	F	G	H	I	J	K	L
Heritability												
1	40	50	60	70	90	70	80	90	20	30	50	60
2	40	45	50	55	50	70	30	30	20	25	20	10
3	40	40	40	40	30	40	30	10	20	20	15	10
4	40	35	30	25	20	10	30	10	20	15	10	10
5	40	30	20	10	10	10	30	10	20	10	5	10
Coefficient of variation												
<i>I</i>	0	20	40	59	79	75	56	115	0	40	88	112
<i>II</i>	115	116	118	122	134	124	127	168	148	151	164	175
<i>III</i>	64	67	73	83	95	92	81	129	87	96	123	135
<i>IV</i>	76	79	86	95	112	101	101	145	98	108	137	150
\mathcal{V}	70	70	74	82	96	93	83	124	81	81	103	120

(b) 9 traits

	M	N	O	P	Q	R	S	T	U	V
Heritability										
1	40	60	90	75	70	20	35	50	60	80
2	40	55	60	70	70	20	30	50	50	40
3	40	50	50	60	70	20	25	20	10	10
4	40	45	50	50	40	20	20	15	10	10
5	40	40	30	40	40	20	20	15	10	10
6	40	35	30	30	40	20	20	10	10	10
7	40	30	20	20	10	20	15	10	10	10
8	40	25	20	10	10	20	10	5	10	5
9	40	20	10	5	10	20	5	5	10	5
Coefficient of variation										
<i>I</i>	0	34	63	64	65	0	47	88	100	124
$\mathcal{V}I$	73	74	85	85	83	97	102	113	113	131
$\mathcal{V}II$	77	81	93	90	89	102	111	127	132	150

Table 2: Population values for genetic (r_{Gij}) and environmental (r_{Eij}) correlations between traits i and j together with values for phenotypic variances (σ_i^2) for different scenarios

Scenario	r_{Gij}	r_{Eij}	σ_i^2
<i>I</i>	0.0	0.0	1.0
<i>II</i>	0.8	0.0	1.5^{i-1}
<i>III</i>	$0.6^{ i-j }$	$0.5 + (-0.4)^{ i-j }$	3.0, 2.0, 1.0, 2.0, 3.0
<i>IV</i>	$0.02 i + (-0.8)^{ i-j }$	$0.5 + (-0.4)^{ i-j }$	as <i>III</i>
\mathcal{V}	$0.5 + (-1)^i 0.05 j$	$0.2 + (-1)^j 0.1 i$	as <i>III</i>
$\mathcal{V}I$	$0.7^{ i-j }$	$0.2 + (-1)^j 0.05 i$	2.0, 1.0, 3.0, 2.0, 1.0, 2.0, 3.0, 1.0, 2.0
$\mathcal{V}II$	$0.02 i + (-0.8)^{ i-j }$	$0.5 + (-0.2)^{ i-j }$	as $\mathcal{V}I$

Table 3: Mean percentage reduction in average loss (PRIAL) in estimates of covariance matrices (Σ_G genetic, Σ_E residual and Σ_P phenotypic) for different penalties (see text) and three strategies to determine the tuning factor (Data for 100 sires).

		\mathcal{P}_λ	\mathcal{P}_λ^ℓ	$\mathcal{P}_\lambda^{\ell^2}$	\mathcal{P}_β^a	\mathcal{P}_β^b	\mathcal{P}_β^c	\mathcal{P}_β^d	\mathcal{P}_β^e	\mathcal{P}_Σ	\mathcal{P}_Σ^2	\mathcal{P}_ρ	\mathcal{P}_ρ^2
5 traits													
Σ_G	V ∞	35.8	71.3	72.9	66.7	71.4	66.1	68.1	67.9	70.6	70.0	72.0	72.2
	CV3	23.1	55.9	60.7	59.2	58.1	58.3	61.2	61.1	54.9	52.9	54.4	56.9
	L5%	41.3	68.3	70.2	67.6	69.5	70.0	69.8	69.3	64.1	66.7	70.5	71.5
Σ_E	V ∞	57.9	43.4	61.6	59.3	60.9	59.8	59.7	59.7	13.3	54.2	37.3	60.0
	CV3	14.1	26.7	44.3	38.7	36.0	32.5	38.0	39.6	10.7	43.0	22.8	40.9
	L5%	43.6	35.0	55.9	54.2	54.1	51.6	53.9	54.0	7.2	51.4	33.2	55.7
Σ_P	V ∞	1.1	1.2	1.3	1.3	1.2	1.1	1.2	1.2	1.2	1.7	2.2	2.4
	CV3	-0.4	0.4	0.5	0.3	0.1	0.0	0.2	0.3	0.2	0.1	0.4	0.8
	L5%	-0.7	0.7	0.8	0.5	0.5	0.2	0.4	0.5	0.3	1.0	1.0	1.2
9 traits													
Σ_G	V ∞	48.4	64.8	68.4	65.3	68.9	69.2	66.9	66.7	64.0	62.8	71.3	73.3
	L5%	24.1	67.5	67.7	65.4	66.5	66.0	66.3	66.4	68.0	67.7	69.5	69.4
Σ_E	V ∞	62.9	60.5	68.8	67.8	67.3	66.1	68.0	68.3	10.4	61.1	57.9	70.2
	L5%	63.0	16.4	59.3	60.9	62.6	63.3	61.6	61.7	9.9	47.4	17.2	56.3
Σ_P	V ∞	1.3	1.9	1.9	2.0	1.8	1.7	2.0	2.0	1.2	1.7	2.5	3.0
	L5%	1.2	0.5	1.1	1.2	1.3	1.3	1.2	1.2	0.6	0.7	1.1	1.2

Table 4: Mean percentage reduction in average loss (PRIAL) in estimates of the genetic covariance matrix together with average proportion (in %) of replicates for which penalisation increased the loss in estimates, for different penalties (see text) and strategies to determine the tuning factor (Data for 5 traits and 100 sires).

	Population values			Crossvalidation				Likelihood			
	$L_1(\Sigma_G)$	V_∞	V_1	CV2	CV3	CV5	CV10	L20%	L10%	L5%	L2.5%
	PRIAL										
\mathcal{P}_λ^ℓ	75.6	71.3	60.6	55.8	55.9	50.4	44.4	68.8	69.6	68.3	66.3
$\mathcal{P}_\lambda^{\ell 2}$	76.1	72.9	63.7	61.8	60.7	58.1	55.3	69.3	70.7	70.2	69.0
\mathcal{P}_β^b	74.9	71.4	62.9	59.8	58.1	53.9	48.2	68.2	69.6	69.5	68.6
\mathcal{P}_Σ	75.2	70.6	60.6	56.7	54.9	52.7	50.0	68.7	68.0	64.1	61.0
\mathcal{P}_ρ	75.9	72.0	62.9	58.1	54.4	51.6	46.1	70.2	71.2	70.5	68.9
	Increased loss										
\mathcal{P}_λ^ℓ	0.0	7.3	8.7	15.3	14.6	14.6	14.7	8.7	10.5	12.0	13.6
$\mathcal{P}_\lambda^{\ell 2}$	0.0	6.5	7.5	13.4	13.0	13.2	13.2	7.0	8.5	10.0	11.4
\mathcal{P}_β^b	0.0	6.4	7.5	14.1	13.6	14.0	14.1	7.0	8.4	9.8	11.1
\mathcal{P}_Σ	0.0	4.6	8.9	15.6	15.4	15.5	15.4	10.3	12.8	15.6	17.9
\mathcal{P}_ρ	0.0	4.0	7.1	10.5	9.9	10.2	10.4	6.6	8.0	9.2	10.4

Table 5: Mean relative bias (in %) in estimates of the canonical eigenvalues and their mean ($\bar{\lambda}$) for different penalties (strategy V_{∞} ; 100 sires)

λ_i	None	\mathcal{P}_{λ}	$\mathcal{P}_{\lambda}^{\ell}$	$\mathcal{P}_{\lambda}^{\ell^2}$	\mathcal{P}_{β}^a	\mathcal{P}_{β}^b	\mathcal{P}_{β}^c	\mathcal{P}_{β}^d	\mathcal{P}_{Σ}	\mathcal{P}_{Σ}^2	\mathcal{P}_{ρ}	\mathcal{P}_{ρ}^2
5 traits												
$\bar{\lambda}$	2.3	-5.4	6.6	2.1	3.4	0.9	-1.2	1.0	11.2	10.9	4.7	2.3
1	9.5	-12.9	-3.7	-9.6	-8.9	-11.2	-12.9	-11.5	8.1	3.2	1.3	-3.0
2	26.5	16.1	16.3	16.1	24.7	19.5	19.5	19.5	24.9	26.3	16.2	15.5
4	-19.4	9.1	57.7	48.3	38.8	41.3	31.0	39.4	39.1	47.0	37.3	37.1
5	-78.8	-38.1	101.3	81.6	36.1	44.7	26.6	52.2	75.3	88.6	57.2	56.7
av. ^a	30.2	19.6	41.6	36.4	28.3	29.4	23.4	30.3	34.4	38.8	26.6	26.5
9 traits												
$\bar{\lambda}$	4.4	-9.9	9.5	3.2	11.8	2.1	0.8	7.2	19.7	18.2	6.3	2.5
1	22.4	-22.4	-3.8	-13.7	-6.9	-16.8	-18.5	-12.7	21.6	8.8	2.9	-4.2
2	16.6	-17.5	-6.8	-10.0	0.5	-10.9	-11.4	-6.2	16.1	11.0	-0.7	-3.1
5	15.3	23.3	33.6	29.4	47.4	36.4	35.3	39.7	33.2	39.2	23.7	23.6
8	-85.6	-16.4	139.4	111.7	80.8	86.2	77.8	104.4	87.5	110.1	86.5	82.2
9	-97.9	-35.0	270.1	217.5	133.2	147.7	134.0	190.5	184.1	217.0	133.4	131.7
av.	39.9	16.6	68.4	57.3	48.8	48.4	45.1	56.9	54.0	61.9	40.0	39.1

^aAverage of all q absolute values

Figure 1: Probability density function for various Beta distributions: (a) $\alpha=\beta$: $-\cdot-$ $\alpha=2$, $—$ $\alpha=3$, $---$ $\alpha=4$ and $----$ $\alpha=5$ (b) $\alpha=0.6+z, \beta=1.2+z$: $----$ $z=0$ and $-\cdot-$ $z=1$, (c) order statistics for 5 variables ($z=0$): $----$ first, $-\cdot-$ second, $—$ third, $---$ fourth and $----$ fifth (d) as (c) for $z=1$

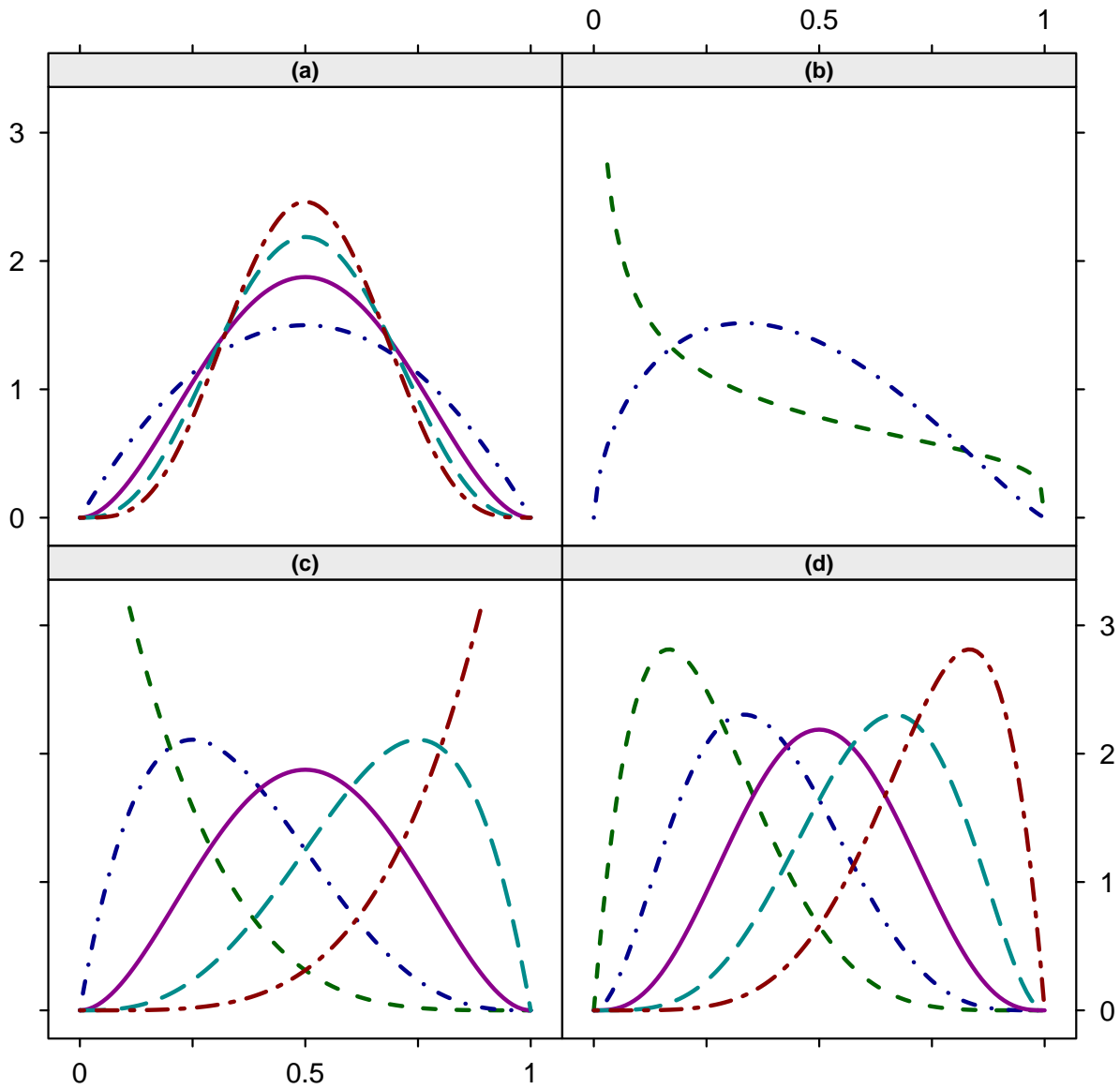


Figure 2: Percentage reduction in average loss (PRIAL) in estimates of the genetic covariance matrix for individual cases comprising 9 traits and different penalties (∇P_Σ , $\blacksquare P_\rho^2$, $\blacktriangle P_\beta^b$ and $\bullet P_\lambda^{\ell^2}$; see text), determining tuning factors on the basis of population values (V_∞) and by limiting the change in likelihood (L5%)

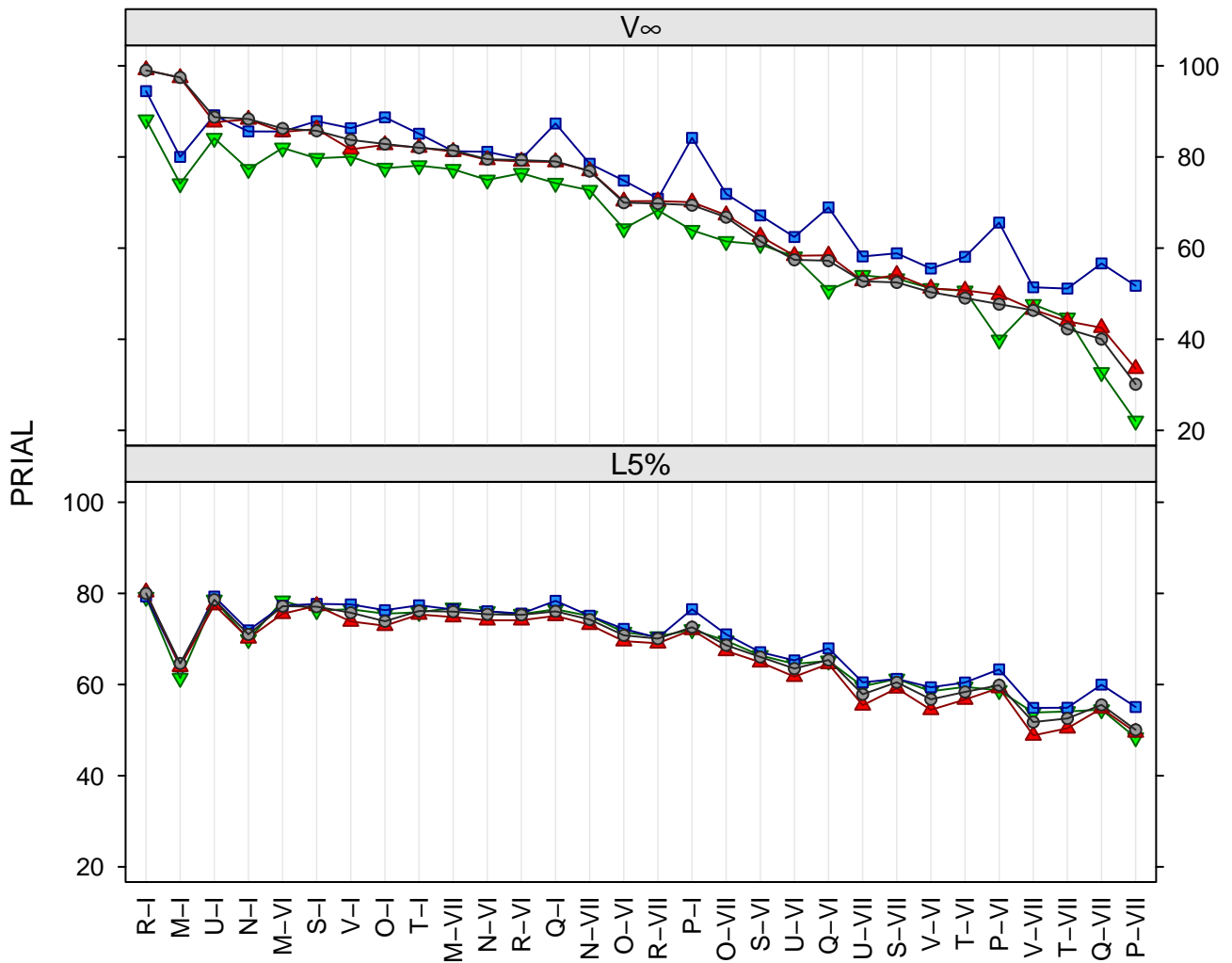


Figure 3: Mean percentage reduction in average loss (PRIAL) in estimates of the genetic covariance matrix (5 traits) for different sample sizes, penalties (see text) and strategies to determine the tuning factor (• using population values (V_∞), ■ limiting the change in likelihood (L5%) and ▼ using cross-validation (CV3))

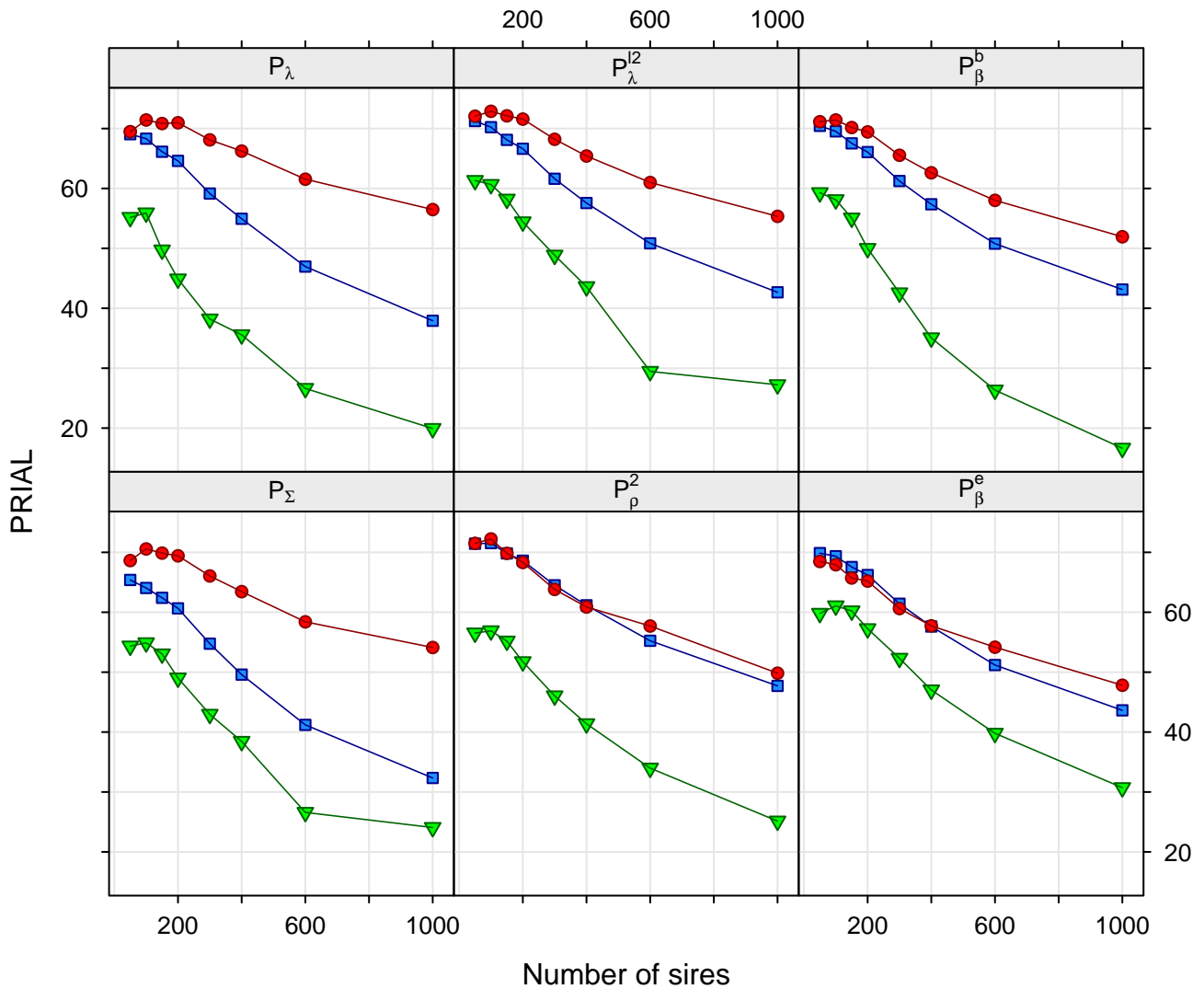


Figure 4: Mean estimates of canonical eigenvalues for individual cases (5 traits, 100 sires) for different penalties (see text) using population values (strategy V_∞) to determine the tuning factor (• first, ■ second, ▼ third, ◆ fourth and ▲ fifth eigenvalue)

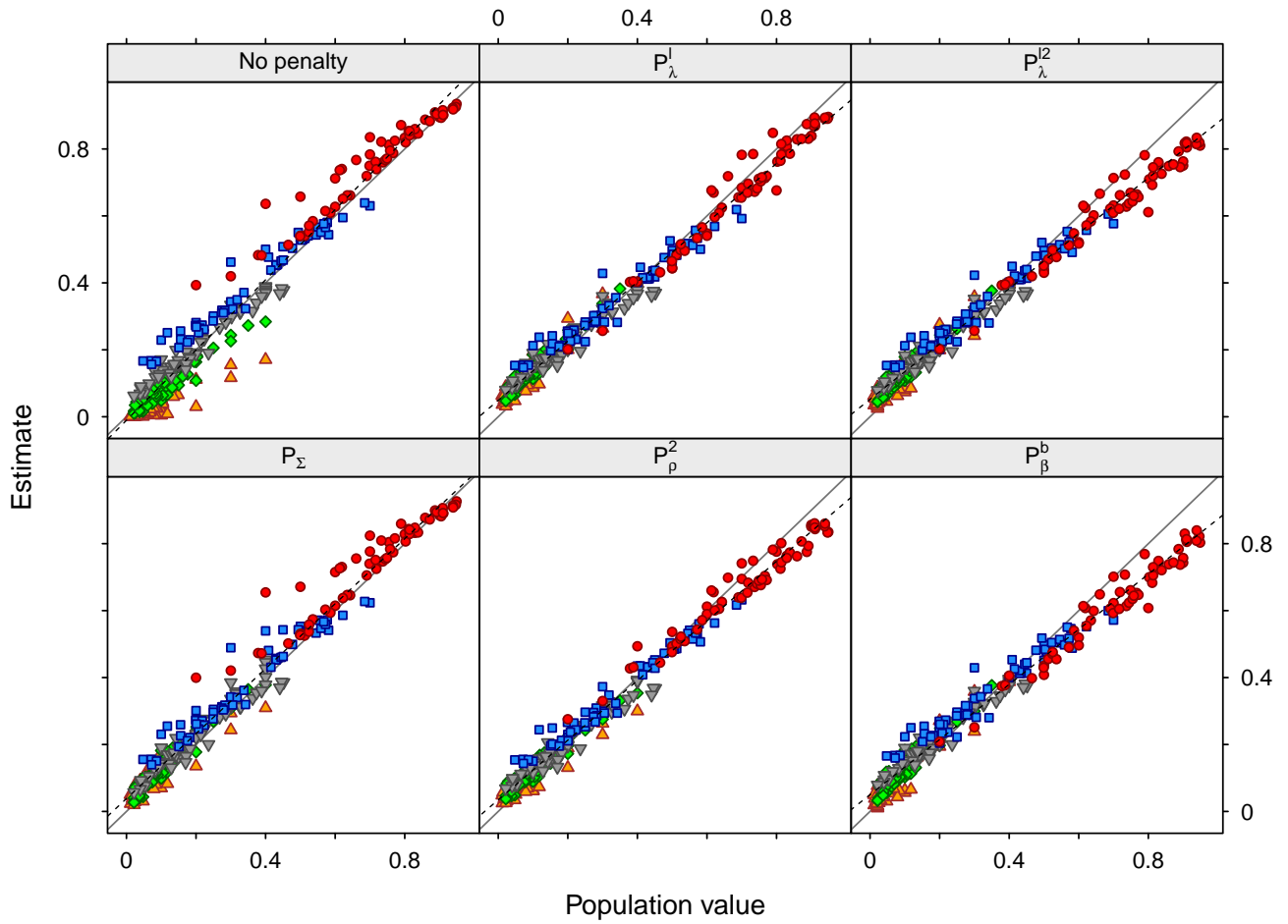


Figure 5: Mean estimates of heritabilities for individual cases (9 traits, 100 sires) for different penalties (see text) using population values (strategy V_∞) to determine the tuning factor (● trait 1, ■ trait 2, ▼ trait 3 to 7, ◆ trait 8 and ▲ trait 9)

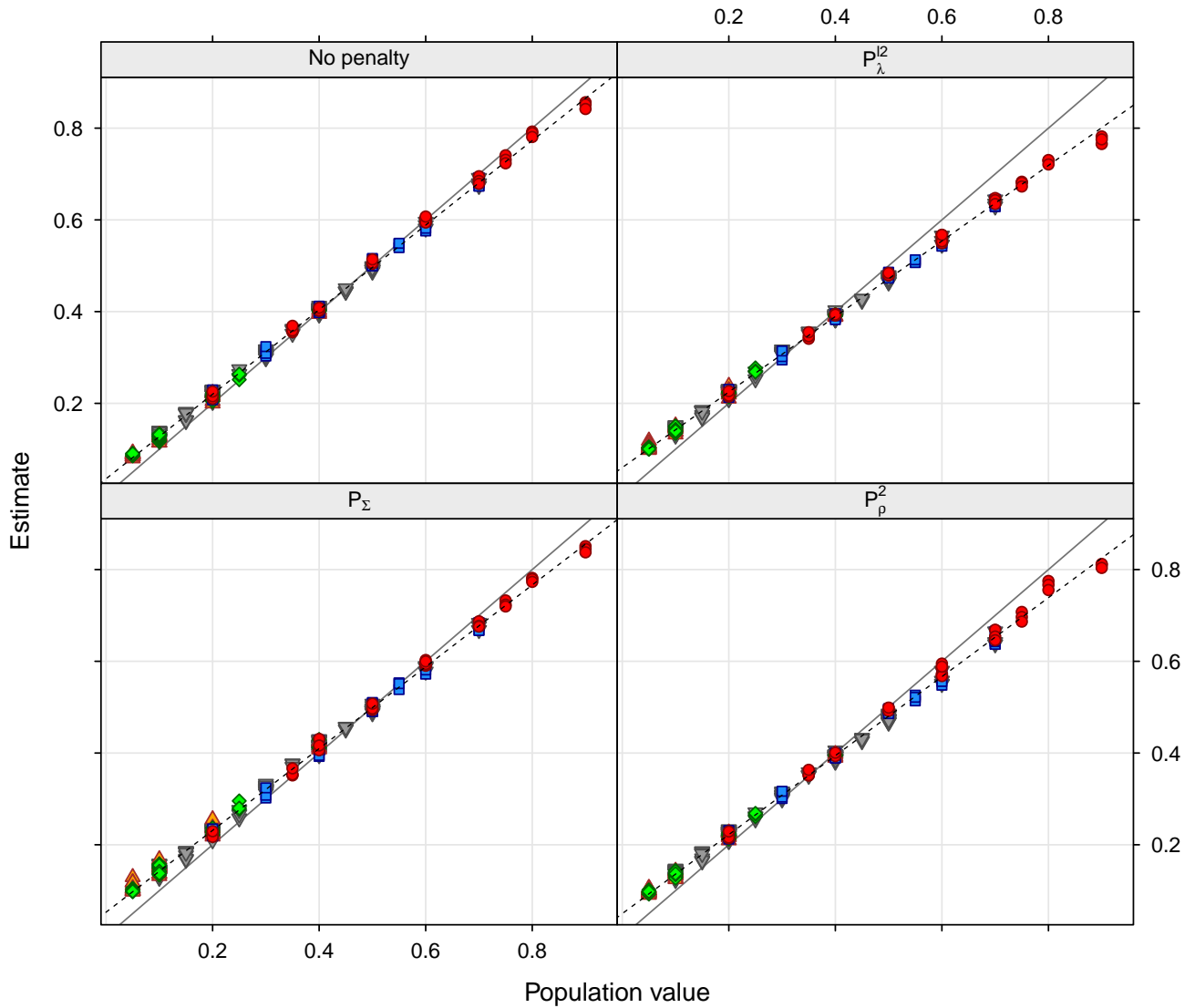


Figure 6: Distribution of estimates of genetic correlations between traits i and j ($i-j$) across replicates for case T- $\mathcal{V}I$ ($s=100$ sires, strategy V_∞); horizontal bars show population values for genetic (—) and phenotypic (— —) correlations

